

Canada Winter Games Choreography

By Rob & Kathie Ironside

(0:00) Opening 16 counts of clapping

(0:07) Shuffle steps: 8 counts

- 1&2 3&4 5&6 7&8
- LRL RLR LRL RLRLMen
- RLR LRL RLR LRLWomen

(0:11) ARM MOVEMENTS: 16 counts

- 1-2 turn woman with Rt handOutside CCW facing front right hand to women's right shoulder
- 3-4 Rt hand to woman's left shoulder
- 5-8 Turn woman CW one rotation Rt hand back on Rt shoulder
- 1-2 Rt hand to left shoulder
- 3-4 Lt hand to right shoulder
- 5-6 Turn lady clockwise one rotation stretch arms out
- 7-8 Lady kicks up right leg on 7 and brings it back down on 8

(0:21)A.Jive

- 1-4 Couple must adjust $\frac{1}{4}$ turn CCW. Turn lady CCW inside turn $1\frac{1}{2}$ rotations, arm over the head for first turn and free spin last $\frac{1}{2}$
- 1-6 Basic starting with rock step
- 1-6 Twist turn (switch sides)
- 1-6 Twist turn (switch sides)
- 1-6 lead goes under left arm (switch sides)
- 1-4 Syncopation Sliding door with outside arms lifting straight 45 degrees
- 1-4 syncopation Sliding door with outside arms lifting straight
- 1-4 Closed walk around

(0:35) B. Hits: Jive Slide to sweetheart with syncopations

- 1-6 basic
- 1-6 slide arms with **punch** on rock step
- 1-6 to side by side sweet heart on leads right
- 1-6 inside turn to side by side sweet heat on leads left
- 1-4 syncopation $\frac{1}{2}$ sliding door with **punch** on rock step (triple step, rock step)
- 1-4 syncopation in open (triple step, rock step)

(0:49)C. Corus Polka/6 step

- 1&2&3&4 side chasses (rotate $\frac{1}{2}$ turn CW on 4)
- 5&6&7&8 side chasses (rotate $\frac{1}{2}$ turn CW on 4)

- 1&2 side chasse (rotate $\frac{1}{2}$ turn CW on 2)
- 3&4 side chasse (rotate $\frac{1}{2}$ turn CW on 2)
- 5,6,7,8 walking steps, man turns lady 2 times CW with left hand

6 Step

- 1-6 closed basic
- 1-6 egg beater (both turn to their right on walk walk)
- 1-6 closed basic
- 1-6 Man turns lady CW with L hand on 5-6
- 7-8 Man does lariat overhead 2 times on 7-8
- 9-10 man does whip, whip on 9-10

(1:04)Repeat B. Hits

(1:17)D. Corus standing pattern 32 counts

- 1-4 Push both hands in the air 2 times
- 5-8 Turn CCW with arm diagonal 45 degrees, rt arm low
- 1-4 Lariat with right arm 2 times
- 5-8 Turn CW with arms diagonal 45 degrees, lt arm low
- 1-4 Lift left arm then right arm straight out from sides
- 5-8 Roll arms across body to right
- 1-8 4 lariat's, whip whip in time with music (Note: Transition to new position for line dance during last 8 counts)

(1:32)E.Tush Push 32 counts

(note: on last Push turn, so couples end up back to back)

- ladies do $\frac{1}{8}$ turn, $\frac{1}{8}$ turn
- men do $\frac{1}{2}$ turn, $\frac{1}{4}$ turn

(1:45)F. Hoe Down 24 counts

- 1-8 Do Sey Doe
- 1-8 side chasse box with arm swing in direction of travel
 - 1&2 Right together right $\frac{1}{4}$ turn CCW
 - 3&4 Left together left $\frac{1}{4}$ turn CCW
 - 5&6 Right together right $\frac{1}{4}$ turn CCW
 - 7&8 Left together left $\frac{1}{4}$ turn CCW
- 1-4 Bow/curtsy to another couple
- 1-4 Bow/curtsy to your partner

Continue F.Round and round 16 counts

- 1-6 join right elbows and walk around 360 degrees starting with right foot

- 7&8 coaster step: Step back on right foot, bring left foot together, step fwd rt foot
- 1-6 Join left elbows and walk around 360 degrees starting with left foot
- 7&8 coaster step: step back on left foot, bring right foot together, step fwdlt foot

Transition to pinwheel/circle/grand swing 48 counts

- 1-8 walk to pinwheel position
- 1-16 move pinwheel around and around with Pony step:
 - right leg straight let right heel land
 - left leg bent using left ball of foot only
- 1-8 walk to circle formation with partner (follow on right side)
- 1-16 Grand Swing (Head back to your partner by last 4 counts of the 16 counts)

(2:28) RepeatC: Corus polka/6 step

Note: end ladies outside turn so that her back is to leads front, arms stretched out

(2:42)G.Windmills to sweet heart

- 1&2 chasse left together left sideways let go of right hand and both rotate ½ turn CCW
- 3&4 Chasse right together right sideways let go of left hand and both rotate ½ turn CCW
- 5&6 chasse left together left sideways let go of right hand and both rotate ½ turn CCW
- 7&8 Chasse right together right sideways let go of left hand and both rotate ½ turn CCW
- 9&10 chasse left together left sideways let go of right hand and both rotate ½ turn CCW
- 11&12 lead turns follow one rotation inside turn
- 13&14 leadgets follow to sweet heart position
NOTE man does walk-walk while lady triples

Side by side CCW turns

- 1-6 using right hand inside turn, Leads right hand to hammerlock on inside turn
- 1-6 using left hand leads right hand back to sweet heart on outside turn
- 1-6 free spin to set position get ready for weave

Weave

- 1-6 lead walks under on walk-walk, switch sides
- 1-6 follow walks under on walk-walk, switch sides
- 1-6 lead walks under on walk-walk, switch sides
- 1-6 follow walks under on walk-walk, switch sides

Note: Prep for flares

Continue G.Flares

- Both turn
 - 1&2 side chasse hold both hands facing partner
 - 3&4 triple step flare forward as prep for turn
 - 5-6 Both rotate 1 ¼ turns to face partner
- Both turn
 - 1&2 side chasse facing partner both hands
 - 3&4 triple step flare backward as a prep for turn
 - 5-6 Both rotate 1 ¼ turns to face partner
- Follow only turn
 - 1&2 side chasse hold both hands facing partner
 - 3&4 triple step flare forward as prep for turn
 - 5-6 left hand outside turn, follow turns only
- Follow only turn
 - 1&2 side chasse facing partner both hands
 - 3&4 triple step flare backward as a prep for turn
 - 5-6 right hand outside turn, follow turns only
- Walk to straight line transition
 - 1-8 8 counts to make straight line

(3:21)Ending

- 1-8 4 lariats, whip-whip
- 1-4 turn CCW 360 degrees bent forward with arms back
- 5-8 start to raise up arms slowly
- Punch straight up on HIT

Summary

Opening

- A. Jive
- B. Hits
- C. Corus, Polka/six step
- B. Hits
- D. Corus, Standing pattern
- E. Tush Push
- F. Hoe Down
- C. Corus, Polka/six step
- G. Windmills
- H. Ending (end of D standing pattern)

